

# Hepatitis C Therapeutika

Opinion-Leader-Meeting: Therapeutische Innovationen und neue  
Industrie-Akademia Kooperationsmodelle

Schloss Löwenstein, Kleinheubach, 24.-25. Januar 2020



Univ.-Prof. Dr. Stefan Zeuzem  
Universitätsklinikum Frankfurt a.M.

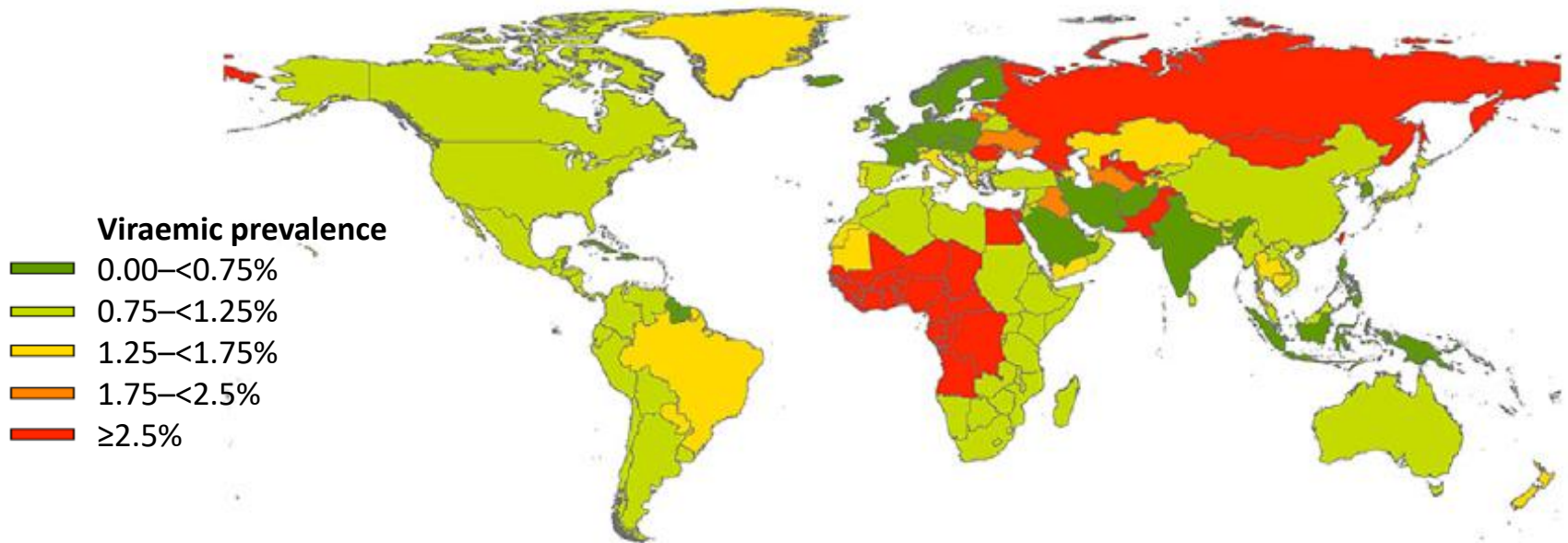
# Disclosures

- Advisory boards: AbbVie, Allergan, Bristol-Myers Squibb, Gilead Sciences, Intercept, Janssen, Merck Sharp & Dohme/MSD
- Speaker: AbbVie, Gilead Sciences, Merck Sharp & Dohme/MSD

# Epidemiology and Natural Course of Disease

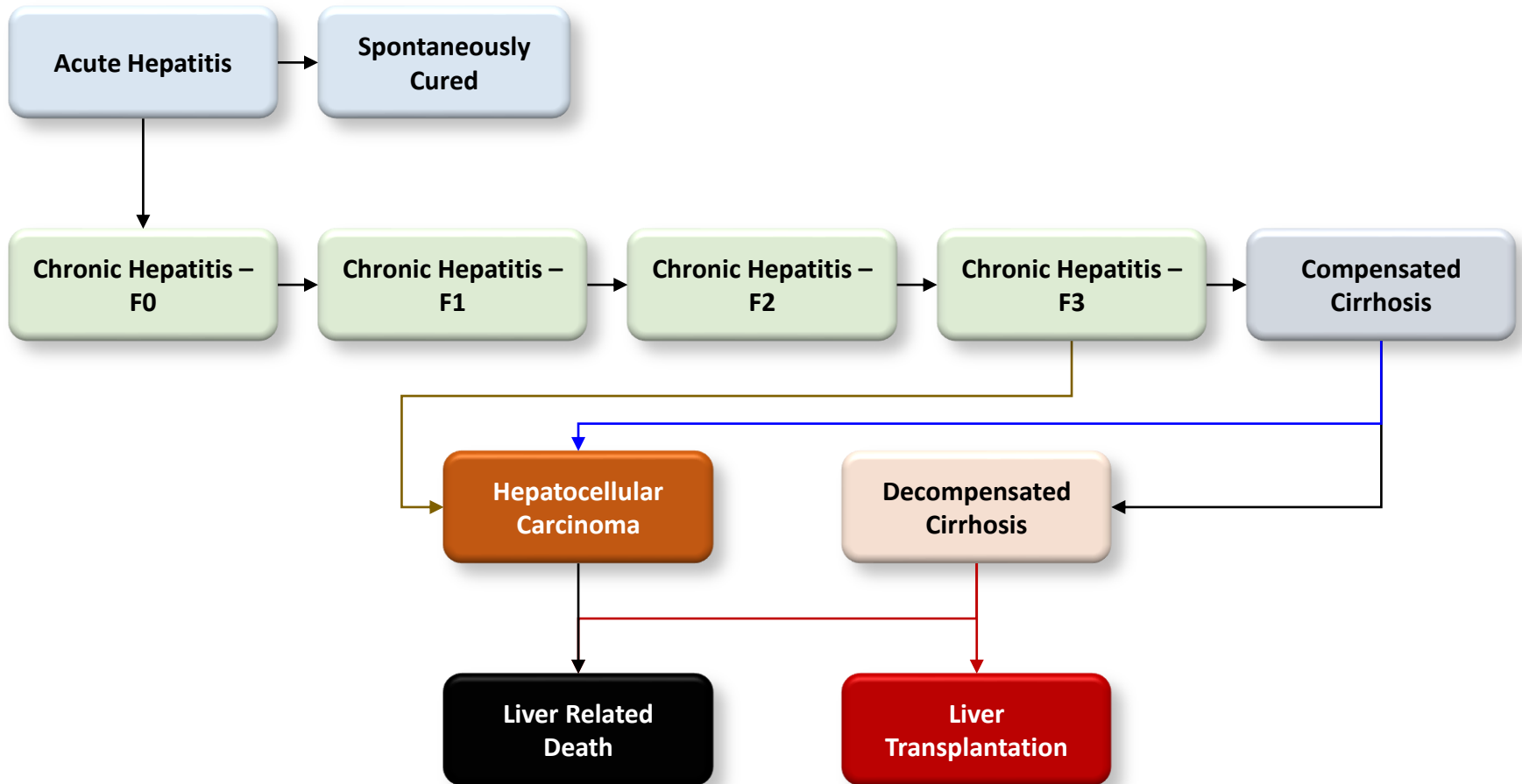
# Global burden of HCV

- Estimated that 80 million people are living with chronic HCV worldwide

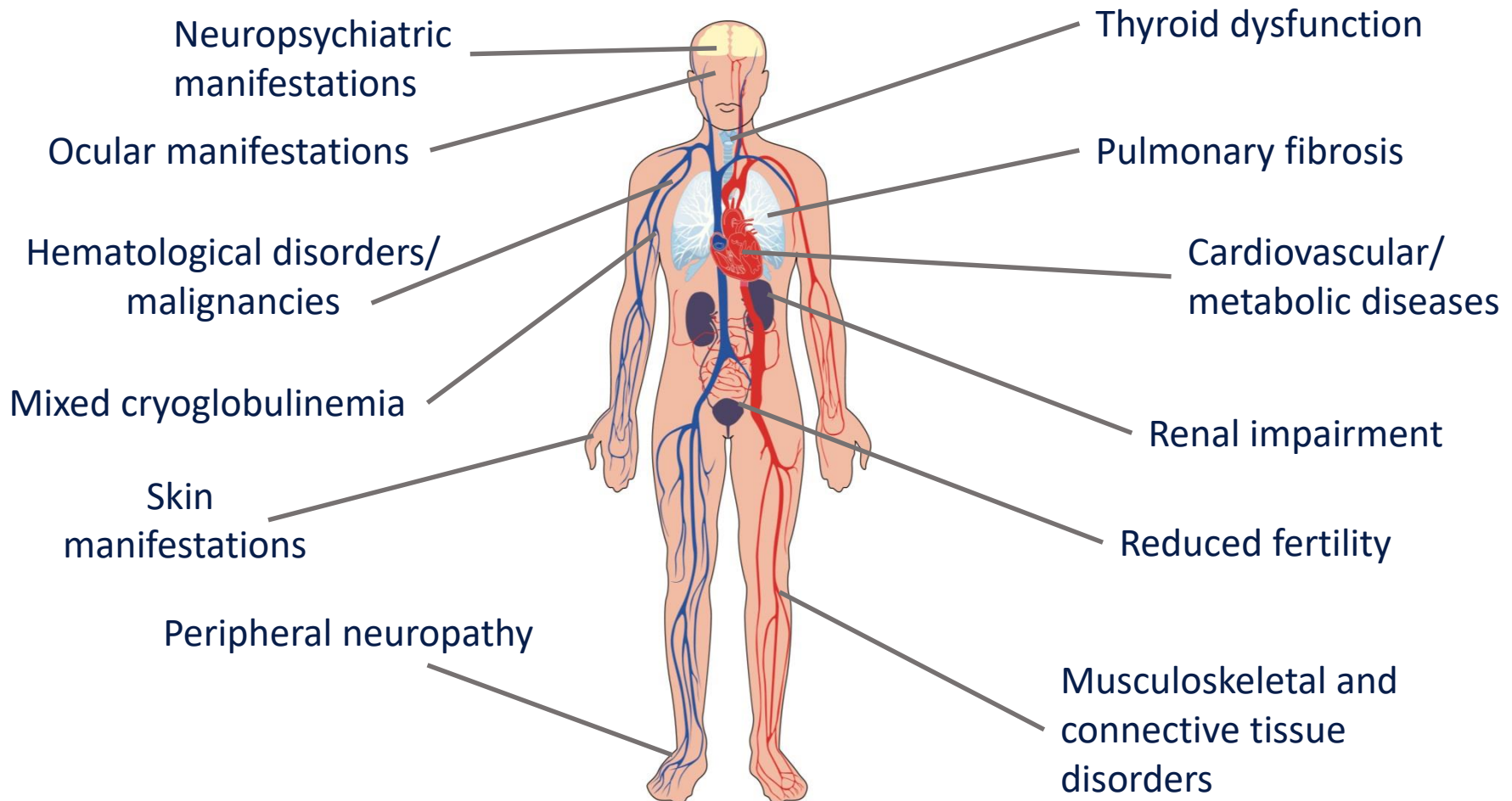


- Annually ~700,000 people die from HCV-related complications such as cirrhosis and hepatocellular carcinoma

# HCV Disease Progression



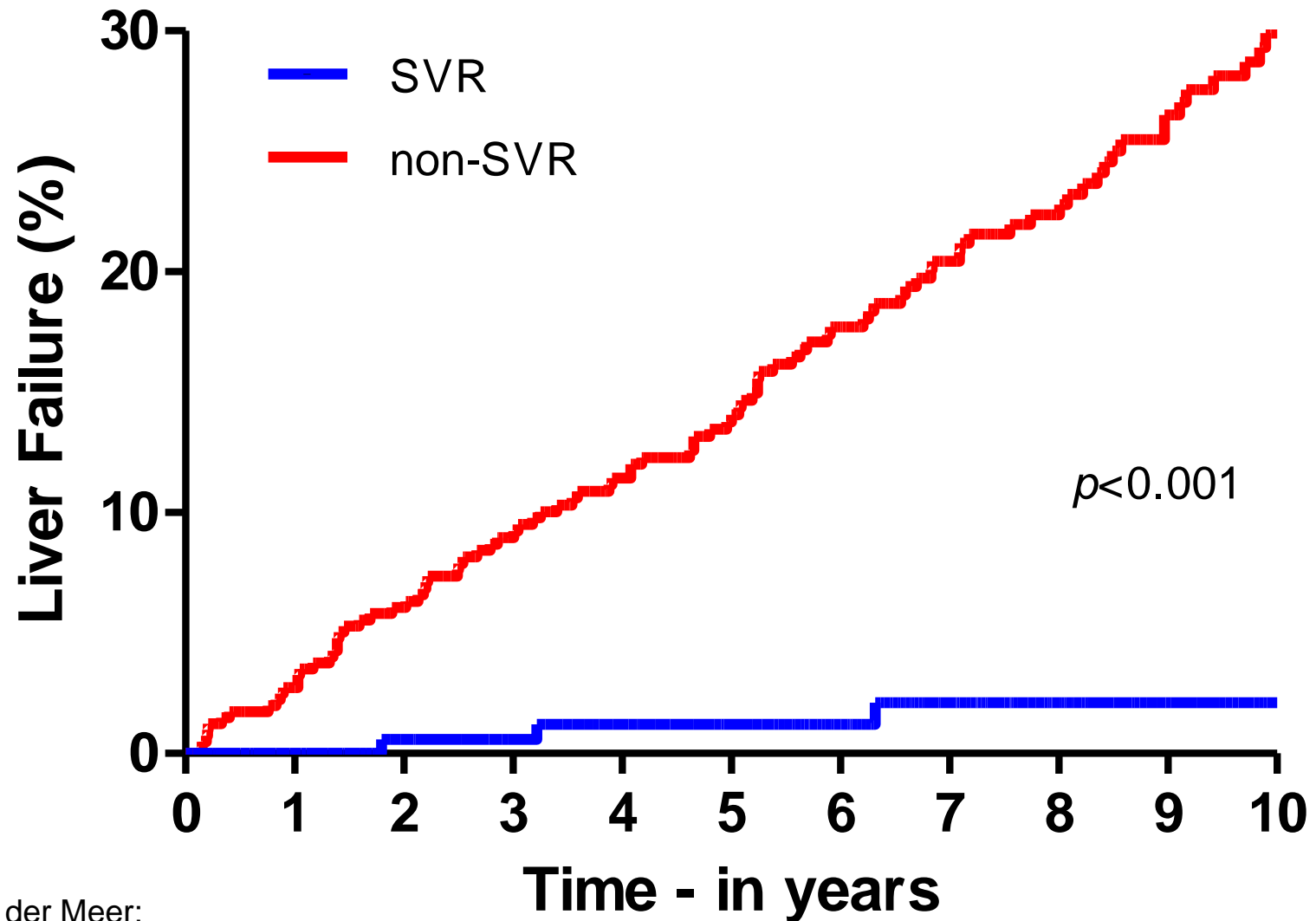
# Extrahepatic Manifestations of Chronic HCV Infection



Extrahepatic disease can be present in up to **74%** of individuals with chronic HCV

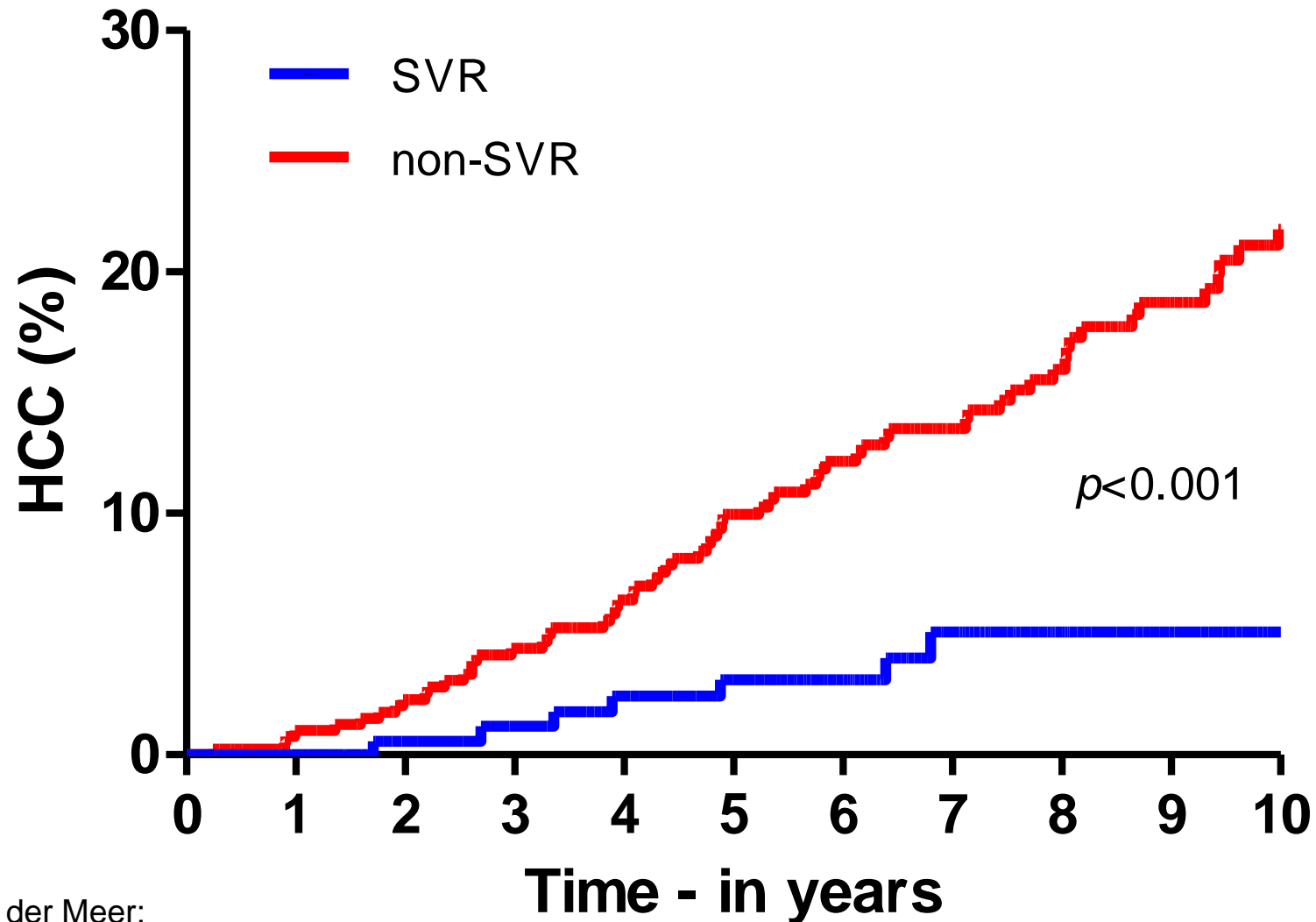
# Impact of SVR on the Course of the Disease

# SVR and Mortality Among Patients With Chronic Hepatitis C and Advanced Fibrosis





# SVR and Mortality Among Patients With Chronic Hepatitis C and Advanced Fibrosis

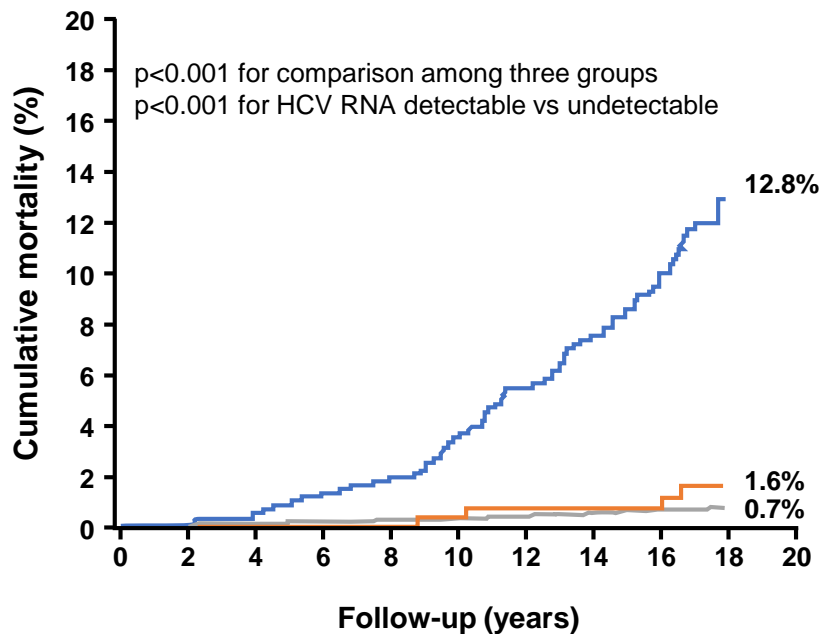


# HCV Cure Decreases Mortality from Both Hepatic and Non-hepatic Diseases

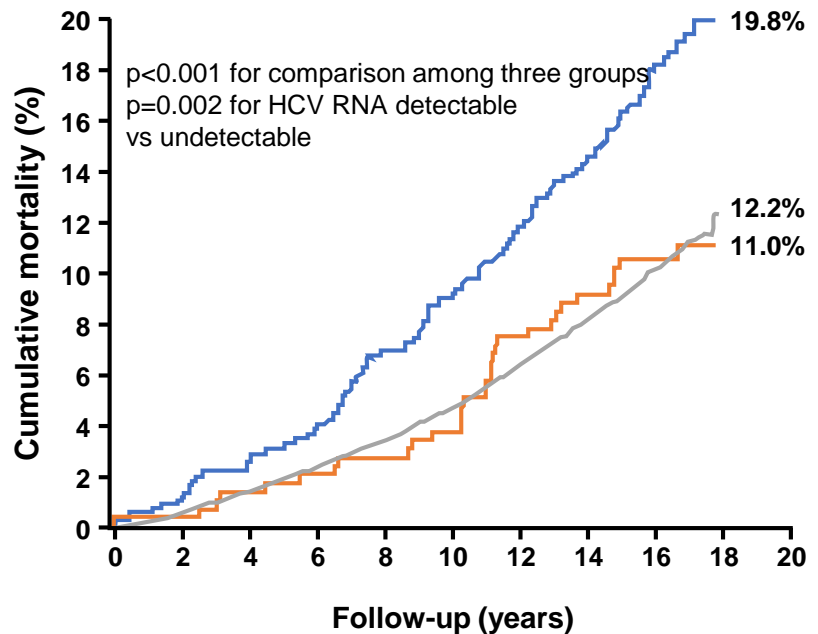
23,820 adults in Taiwan; 1095 anti-HCV positive,  
69.4% with detectable HCV RNA

— HCV seropositive, HCV RNA detectable  
— HCV seropositive, HCV RNA undetectable  
— HCV seronegative

## Hepatic diseases



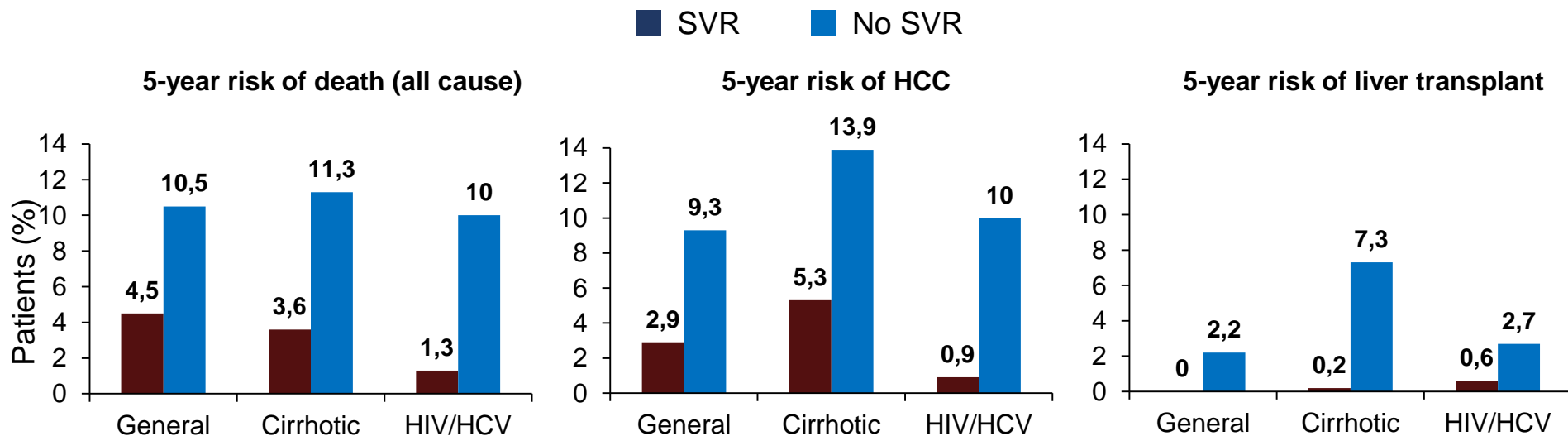
## Extrahepatic diseases



# SVR is associated with a reduced mortality, HCC and transplant

Meta-analysis of 129 studies of IFN-based therapy in 34,563 HCV patients

- Achieving SVR was associated with:
  - **62–84%** reduction in all-cause mortality
  - **68–79%** reduction in risk of HCC
  - **90%** reduction in risk of liver transplant



# SVR – Patient-relevant End Point ?

- According to the German IQWiG Institute
  - SVR is surrogate end-point
  - SVR is not a validated patient-relevant end-point
  - After major criticisms of scientific associations (DGVS, DGIM) at the G-BA: some non-quantifiable benefit, reduction of HCC risk possible

# Limitations of Evidence-based Medicine

**Objectives:** To determine whether parachutes are effective in preventing major trauma related to gravitational challenge.

**Design:** Systematic review of randomised controlled trials.  
Both authors without any COI.  
The study not funded by industry.

**Data sources:** Medline, Web of Science, Embase, and the Cochrane Library databases; appropriate internet sites and citation lists.

**Study selection:** Studies showing the effects of using a parachute during free fall.



# Limitations of Evidence-based Medicine

**Main outcome measure:**

Death or major trauma.

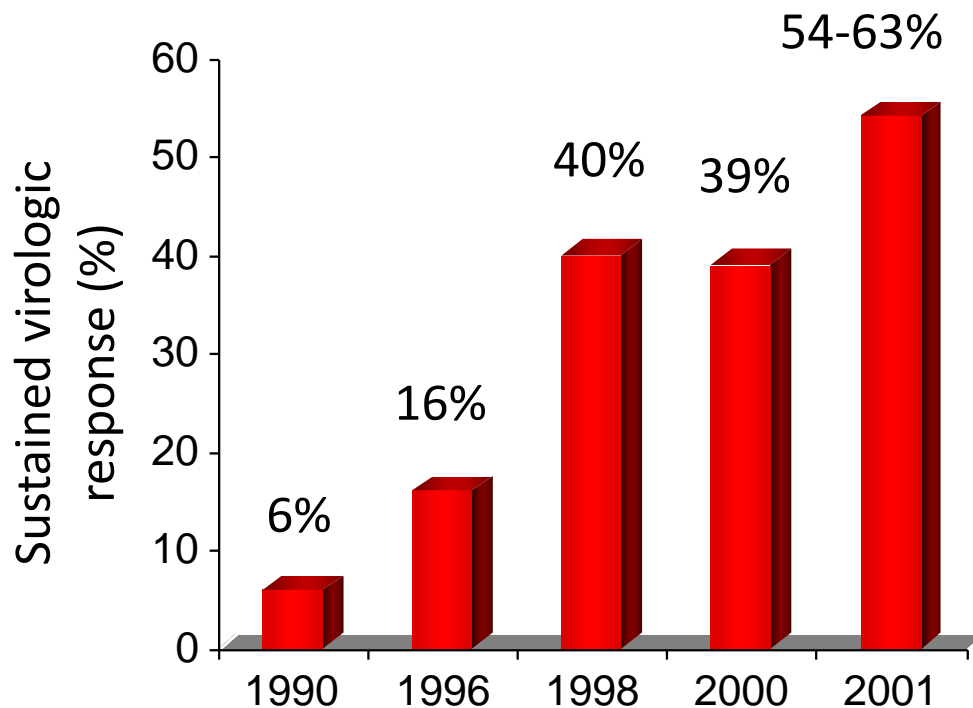
**Results:** We were unable to identify any randomised controlled trials of parachute intervention.

**Conclusions:** As with many interventions intended to prevent ill health, the effectiveness of parachutes has not been subjected to rigorous evaluation by using randomised controlled trials. Advocates of evidence based medicine have criticised the adoption of interventions evaluated by using only observational data. We think that everyone might benefit if the most radical protagonists of evidence based medicine organised and participated in a double blind, randomised, placebo controlled, crossover trial of the parachute.



# Treatment of Hepatitis C

# Treatment of chronic hepatitis C



'90 IFNa 3x3 MU x 24 wks

Davis et al., NEJM 1989

'96 IFNa 3x3 MU x 48 wks

Poynard et al., NEJM 1995

Poynard et al., Hepatology 1996

'98 IFNa + Ribavirin

McHutchison et al., NEJM 1998

Poynard et al., Lancet 1998

'00 PEG-IFNa2a

Zeuzem et al., NEJM 2000

'01 PEG-IFNa2b + RBV

Manns et al., Lancet 2001

'01 PEG-IFNa2a + RBV

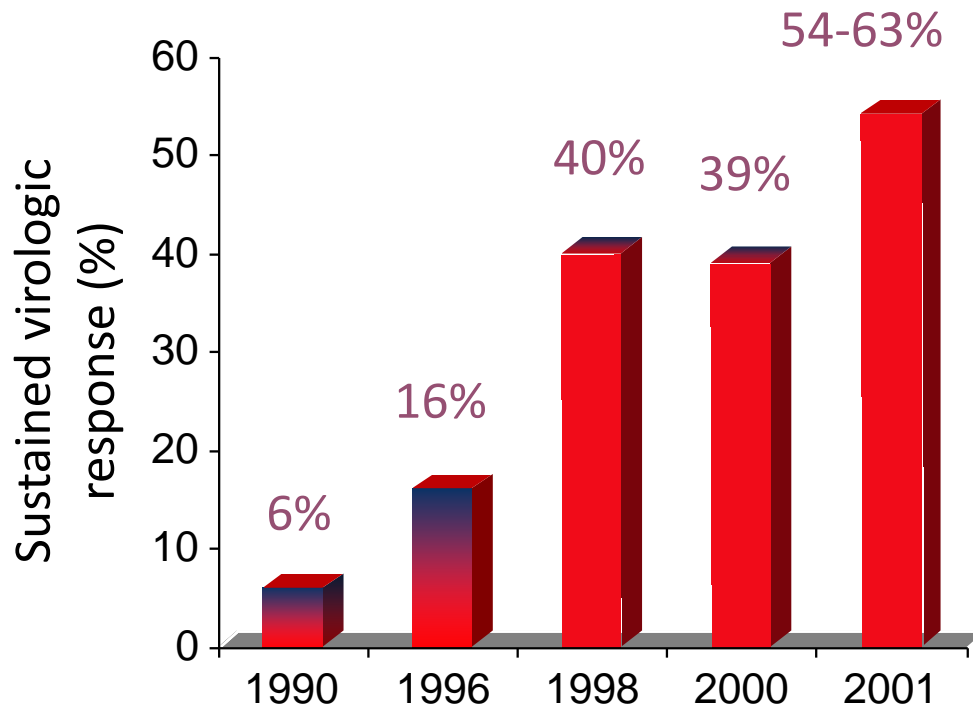
Fried et al., NEJM 2002

'02 PEG-IFNa2a + RBV

Hadzyannis et al., Ann Intern Med 2004



# Treatment of chronic hepatitis C



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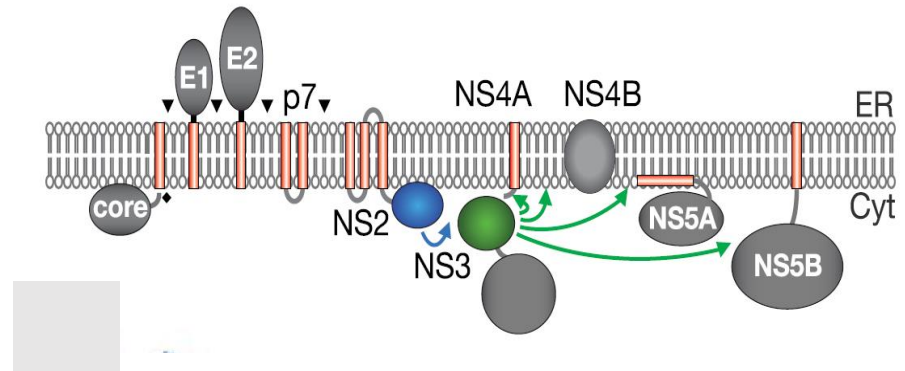
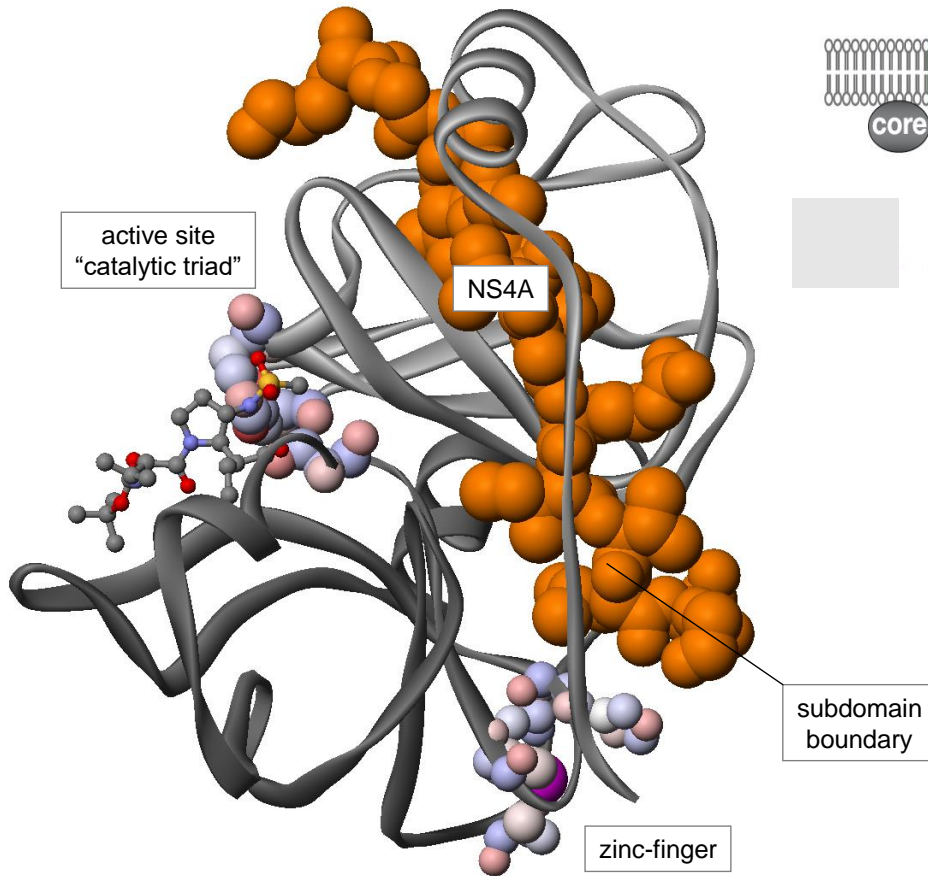
Fried et al., NEJM 2002

'02 PEG-IFNa2a + RBV

Hadzyannis et al., Ann Intern Med 2004

# NS3 protease structure and function

## Structure and function



## STRUCTURE and FUNCTION

- NS3 protease domain (aa 1-181)
- serine protease
- chymotrypsine-like fold
  - polyprotein processing
- active site "catalytic triad" (His57, Asp81, Ser139)
- oxyanion hole (Gly137)
- zinc-finger (Cys97, Cys99, Cys145)
- NS4A is a cofactor that directs the localization of NS3 and modulates its enzymatic activities

Lorenz et al., *Nature* 2006

Kronenberger et al., *Clin Liver Dis* 2008

Shimakami et al. *Gastroenterology* 2011

# Virologic response rates in treatment naive patients (no head-to-head data)

	ADVANCE (TVR)		SPRINT-2 (BOC)	
	PR + TVR	PR	PR + BOC	PR
RVR (wk 4)	66-68%	9%	-	-
Wk 8 (LI + 4 wk)	-	-	Not reported	Not reported
eEVR <sup>1</sup>	57-58%	8%	44%	N/A
EoT	81-87%	63%	71-76%	53%
Relapse	9%	28%	9%	22%
SVR (all)	69-75%	44%	63-66%	38%

RVR, rapid virologic response; LI, lead-in; eRVR, extended RVR; EoT, end of treatment; SVR, sustained virologic response

<sup>1</sup> Different definitions of eEVR in ADVANCE and SPRINT-2

Jacobson et al., NEJM 2011  
 Reddy et al., APASL 2011  
 Poordad et al., NEJM 2011

# Telaprevir and Boceprevir - Safety

(no head-to-head data)

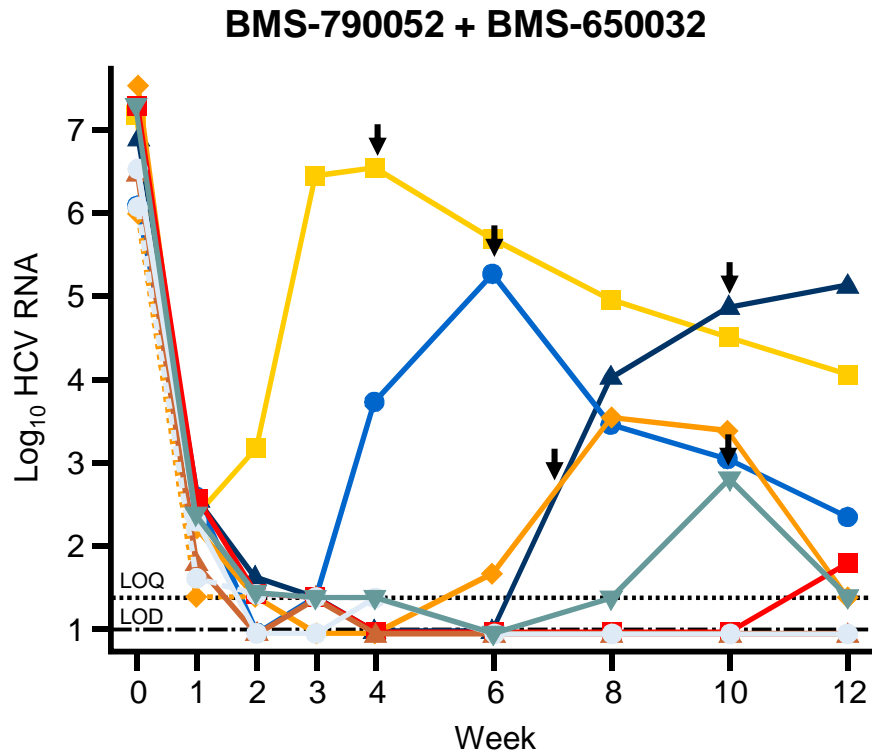
	ADVANCE (TVR)		SPRINT-2 (BOC)	
	TVR12/PR	PR	BOC RGT	PR
Discontinuation due to AEs	10%	7%	12%	16%
Discontinuation due to rash	7%	1%		
Anemia (<10 / < 8.5 g/dL)	36% / 9%	14% / 2%	45% / 5%	26% / 4%
Use of EPO	Not permitted		43%	24%



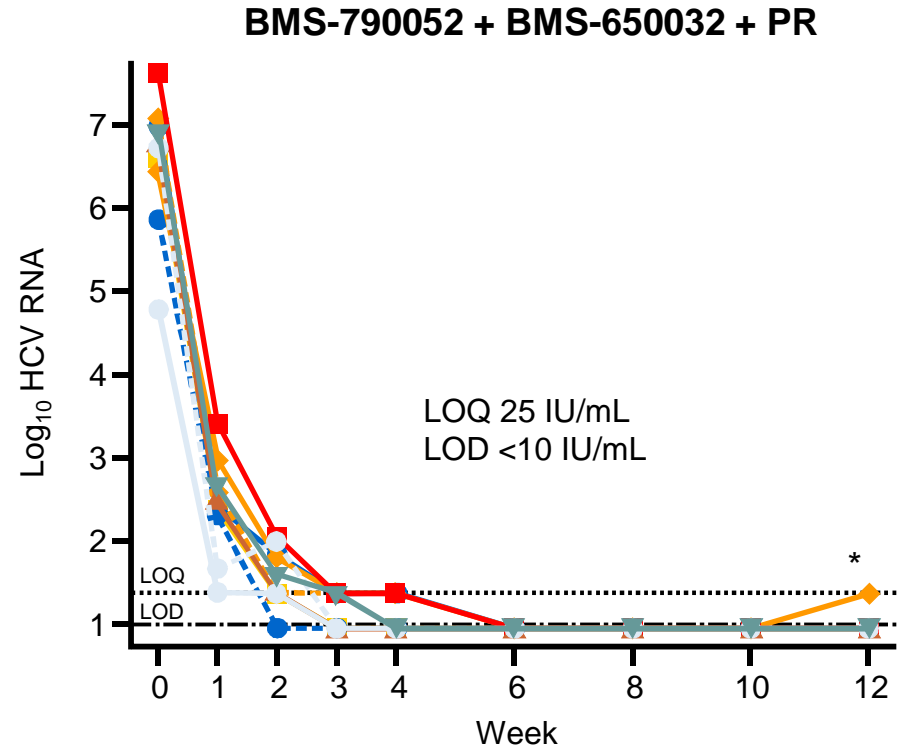
**TVR-associated rash during triple therapy (grade 3)**



# Pilot study with all oral anti-HCV treatment



↓ initiation of Peg-IFN/RBV

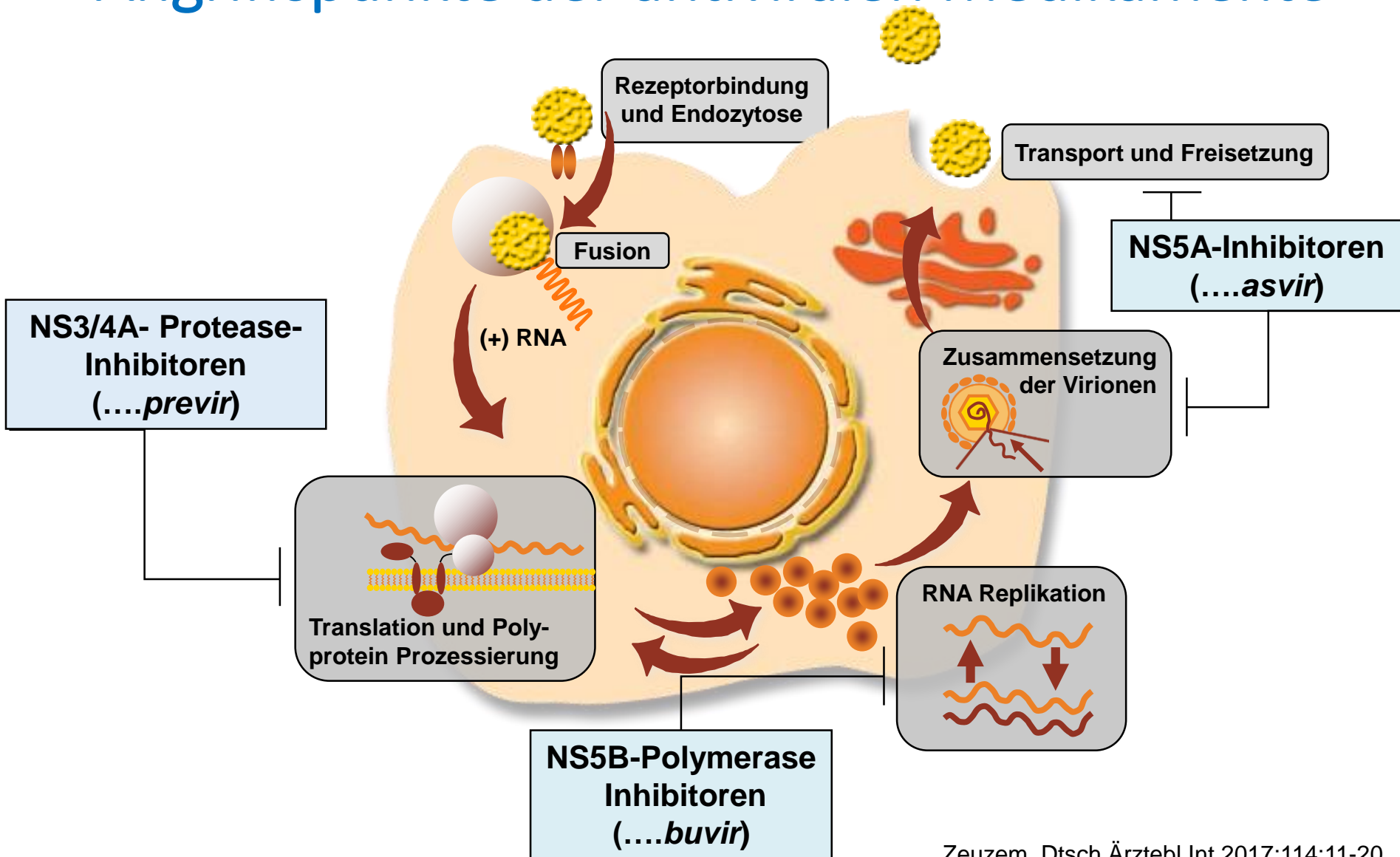


Lok A, et al. Hepatology 2010;52(Suppl.):877A  
 Lok A, et al. J Hepatol 2011;54(Suppl. 1):S536  
 Lok AS, et al., N Engl J Med. 2012;366(3):216-24

# All-oral Hepatitis C Therapy: a Fast and Competitive Race



# Replikationszyklus des Hepatitis C Virus und Angriffspunkte der antiviralen Medikamente





# Genotypische antivirale Aktivität

	HCV-1	HCV-2	HCV-3	HCV-4	HCV-5	HCV-6
Sofosbuvir + Ledipasvir	x			x	x	x
Sofosbuvir + Velpatasvir	x	x	x	x	x	x
Grazoprevir + Elbasvir	x			x		(x)
Glecaprevir + Pibrentasvir	x	x	x	x	x	x

# Wirksamkeit und Verträglichkeit dualer antiviraler Kombinationen

	SVR	Nebenwirkungen	Laborwertveränderungen
Sofosbuvir + Ledipasvir	> 95%	Kopfschmerzen, Erschöpfung	Amylase, CK
Sofosbuvir + Velpatasvir	> 95%	Kopfschmerzen, Erschöpfung, Übelkeit	Amylase, CK
Grazoprevir + Elbasvir	> 95%	Verminderter Appetit, Schlaflosigkeit, Angst, Depression, Schwindel, Kopfschmerzen, Übelkeit, Diarrhö, u.a., Pruritus, Arthralgie, Ermüdung, Asthenie, Reizbarkeit	Bilirubin, GPT
Glecaprevir + Pibrentasvir	> 95%	Kopfschmerzen, Durchfall, Übelkeit, Fatigue	Bilirubin, GPT

# Wichtige Medikamenteninteraktionen\* (DDI) dualer antiviraler Kombinationen

	DDI
Sofosbuvir + Ledipasvir	Amiodaron, Antikonvulsiva, Antacida, PPI (hohe Dosis), Rifampicin, Johanniskraut, Statine
Sofosbuvir + Velpatasvir	Amiodaron, Antikonvulsiva, Antacida, PPI (hohe Dosis), Rifampicin, Efavirenz, Johanniskraut, Statine
Grazoprevir + Elbasvir	Dabigatran, Antikonvulsiva, Antimykotika, Bosentan, Johanniskraut, Atazanavir, Darunavir, Lopinavir, u.a., Efavirenz, Statine, Ciclosporin, Modafinil
Glecaprevir + Pibrentasvir	Dabigatran, Antikonvulsiva, Rifampicin, Ethinylestradiol, Johanniskraut, Atazanavir, Darunavir, Efavirenz, Statine, Ciclosporin, Omeprazol

\*HEP Drug Interactions, University of Liverpool: <http://www.hep-druginteractions.org>

\*HEP Mobile Apps (Apple, Android)

# Posologie dualer antiviraler Kombinationen

	Dosis pro Tablette	Tablettenzahl	Nahrungseffekt
Sofosbuvir + Ledipasvir	400 mg / 90 mg	1 Tablette / Tag	mit oder ohne
Sofosbuvir + Velpatasvir	400 mg / 100 mg	1 Tablette / Tag	mit oder ohne
Grazoprevir + Elbasvir	100 mg / 50 mg	1 Tablette / Tag	mit oder ohne
Glecaprevir + Pibrentasvir	100 mg / 40 mg	3 Tabletten / Tag	mit Nahrung

# Charakteristika dualer antiviraler Kombinationen

	Genotypische Aktivität	CKD-4,5	decompensierte Zirrhose
Sofosbuvir + Ledipasvir	nicht GT-2 & GT-3	Nein	Ja
Sofosbuvir + Velpatasvir	pangenotypisch	Nein	Ja
Grazoprevir + Elbasvir	nur GT-1 & GT-4	Ja	Nein
Glecaprevir + Pibrentasvir	pangenotypisch	Ja	Nein

# Profil: Sofosbuvir + Velpatasvir (Epclusa®)

## Empfohlene Behandlung und Dauer für alle HCV-Genotypen

Patientengruppe <sup>a</sup>	Behandlung und Dauer
Patienten ohne Zirrhose und Patienten mit kompensierter Zirrhose	Epclusa für 12 Wochen Die Zugabe von Ribavirin kann bei Patienten mit einer Infektion vom Genotyp 3 und kompensierter Zirrhose erwogen werden
Patienten mit dekomensierter Zirrhose	Epclusa + Ribavirin <sup>b</sup> für 12 Wochen

<sup>a</sup> Einschließlich Patienten mit Koinfektion mit HIV und Patienten mit rezidivierender HCV-Infektion nach Lebertransplantation

<sup>b</sup> RBV 1000-1200 mg/Tag bei CPT B vor LTx;  
RBV 600 mg/Tag bei CPT C vor LTx und CPT B oder C nach LTx

# Profil: Glecaprevir + Pibrentasvir (Maviret®)

## (1) Empfohlene Behandlungsdauer für Maviret bei therapienaiven Patienten

Genotyp	Empfohlene Behandlungsdauer	
	Ohne Zirrhose	Mit Zirrhose
GT 1, 2, 4-6	8 Wochen	8 Wochen
GT 3	8 Wochen	12 Wochen

## (2) Empfohlene Behandlungsdauer für Maviret bei Patienten, bei denen eine Vorbehandlung mit peg-IFN + Ribavirin +/- Sofosbuvir oder mit Sofosbuvir + Ribavirin versagt hat

Genotyp	Empfohlene Behandlungsdauer	
	Ohne Zirrhose	Mit Zirrhose
GT 1, 2, 4-6	8 Wochen	12 Wochen
GT 3	16 Wochen	16 Wochen

# Vergleich der pan-genotypischen Kombinationen

## **Sofosbuvir + Velpatasvir**

- ✓ Therapiedauer 12 Wochen
- ✓ Dekompensierte Zirrhose
- ✓ CrCl > 30 ml/min
- ✓ RBV bei GT3 Patienten mit Zirrhose und allen Patienten mit dekompensierter Zirrhose

## **Glecaprevir + Pibrentasvir**

- ✓ Therapiedauer bei nicht-vorbehandelten Patienten 8 Wochen (12 Wo. bei GT3 mit Zirrhose)
- ✓ Behandlung auch bei Niereninsuffizienz möglich, nicht aber bei Patienten mit dekompensierter Zirrhose
- ✓ Therapiedauer bei vorbehandelten Patienten zwischen 8 Wo. (ohne Zirrhose), 12 Wo. (mit Zirrhose) und 16 Wochen (GT3 mit/ohne Zirrhose)
- ✓ Kein RBV bei GT3-Patienten mit Zirrhose

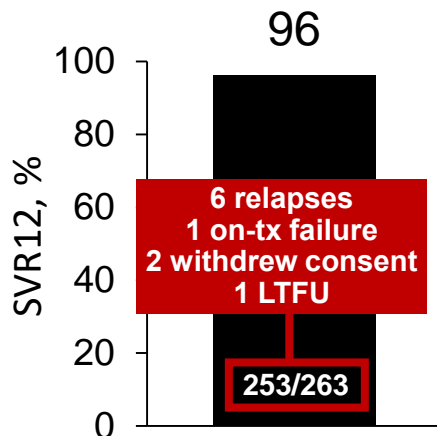
# Spezielle klinische Konstellationen

- Akute Hepatitis C
- Limitierte Studiendaten zu Kindern und Jugendlichen
- Zeitpunkt der antiviralen Therapie bei Patienten auf Transplantationslisten (“point-of-no-return”, Allokation HCV-positiver Organe)
- Zeitpunkt einer antiviralen Therapie bei Patienten mit chronischer Hepatitis C und einem in kurativer Intention behandelten HCC
- Therapie einer Hepatitis C bei Patienten mit einem nicht kurativ behandelbaren HCC
- Tripeltherapien für Patienten mit virologischem Relapse nach DAA Therapie

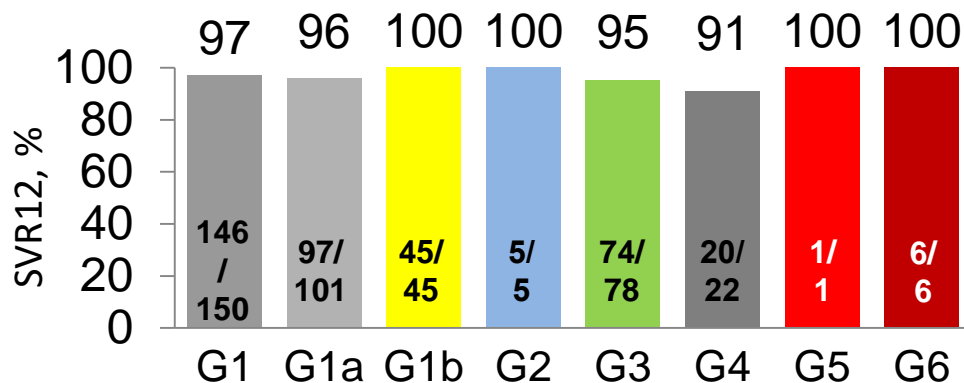


# SOF/VEL/VOX for 12 weeks as a salvage regimen in NS5A inhibitor-experienced G1–6 patients

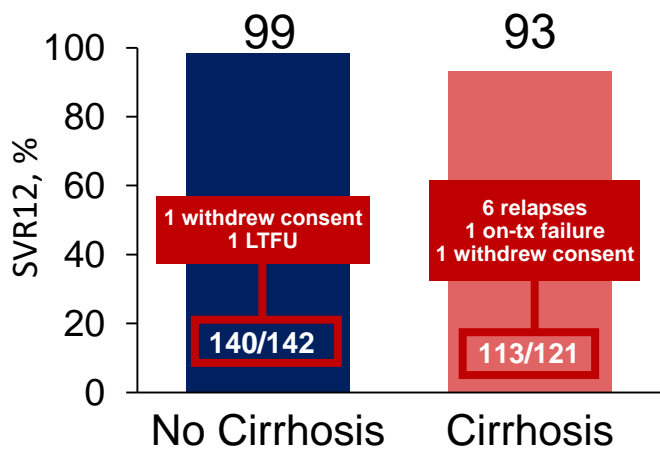
(i) Overall SVR12 (ITT)



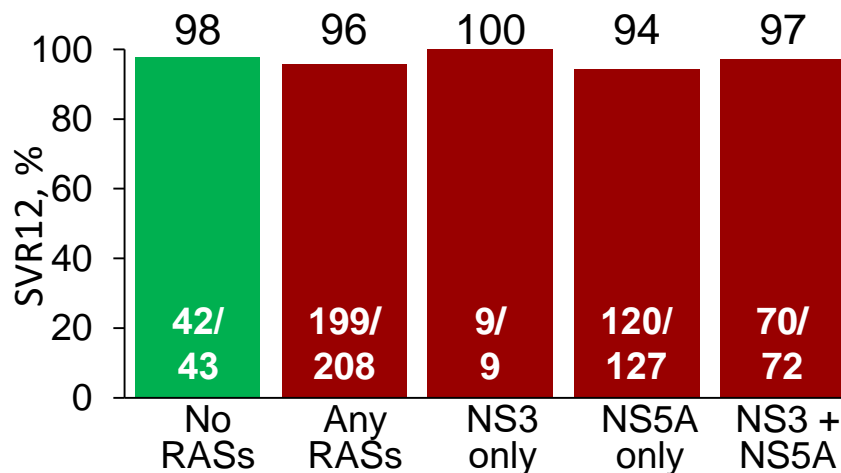
(ii) SVR by genotype



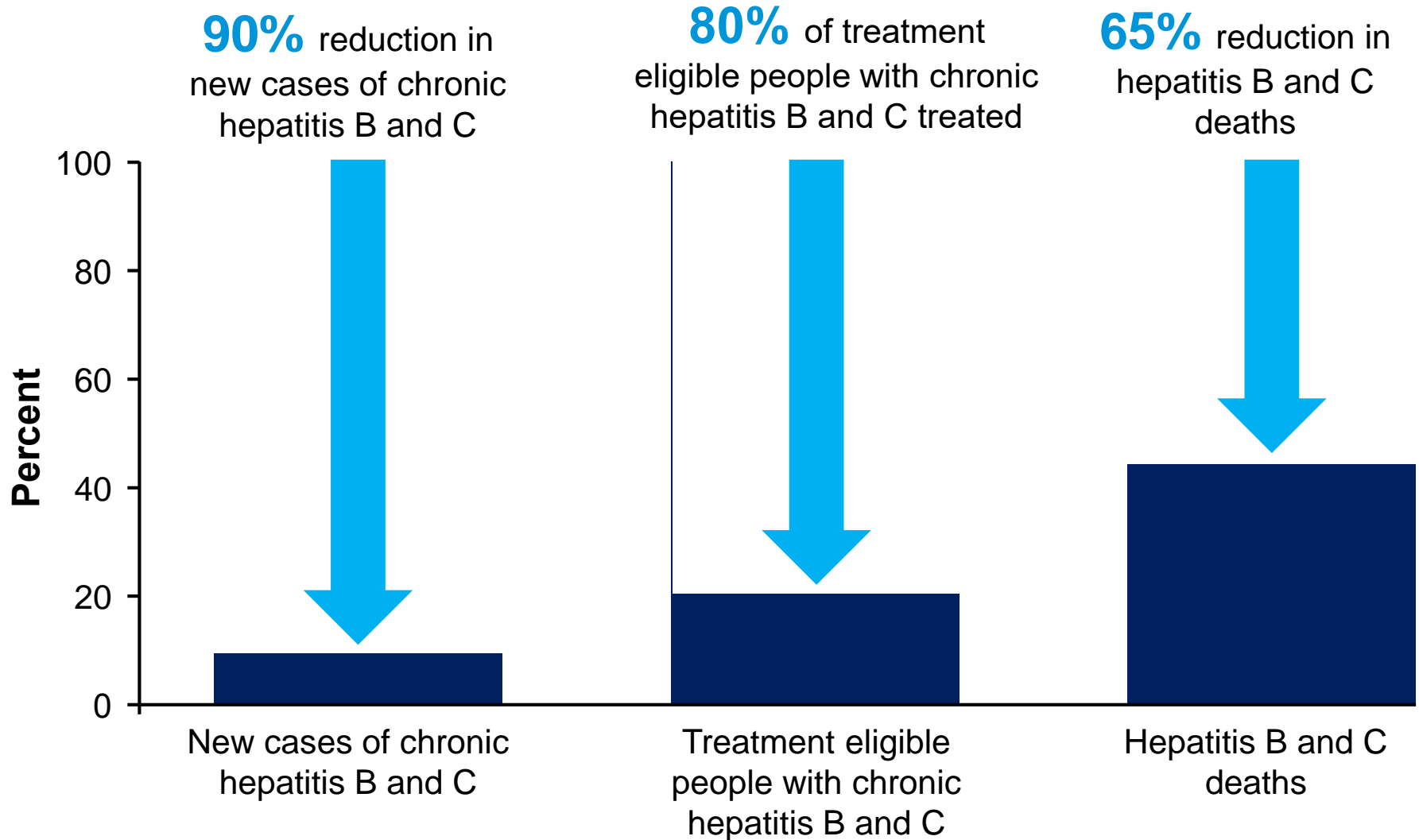
(iii) SVR by cirrhosis



(iv) SVR by NS5A RASs

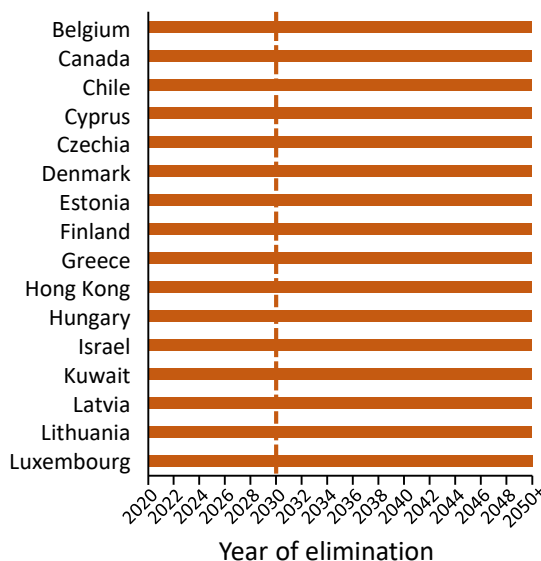
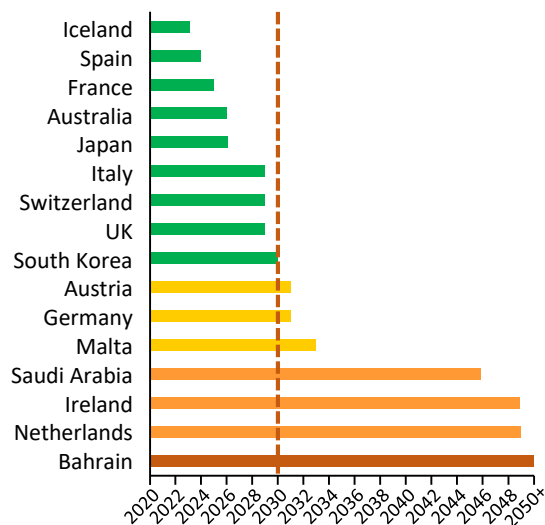


# Global targets achieved if viral hepatitis is controlled by 2030



# Global timing of hepatitis C virus elimination: Estimating the year countries will achieve the World Health Organization elimination targets

Year of HCV elimination by country or territory



80% (36/45) of high-income countries/territories are not on track to meet the WHO 2030 HCV elimination targets

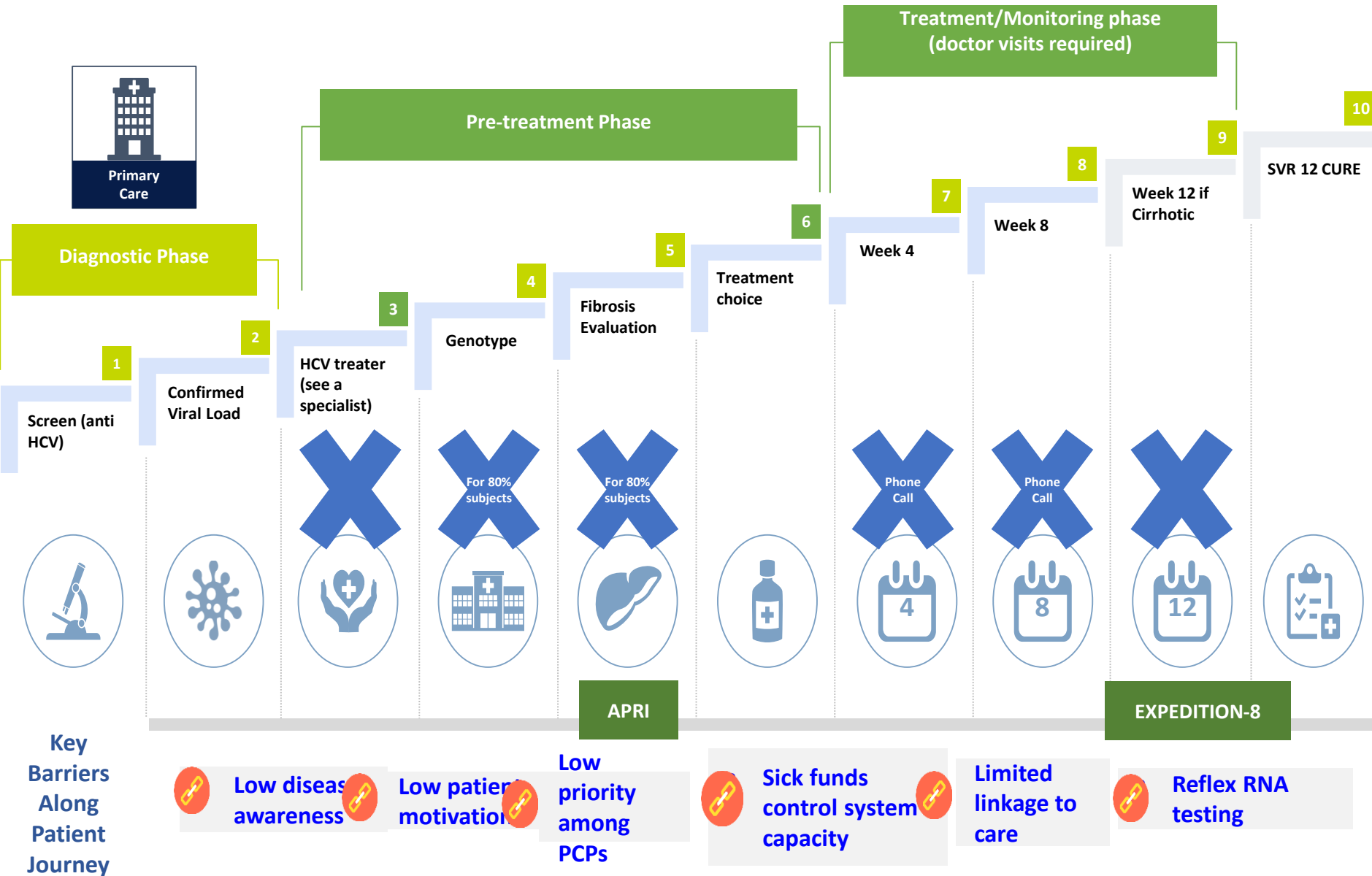
67% (30/45) are off-track by  $\geq 20$  years

# Zusammenfassung

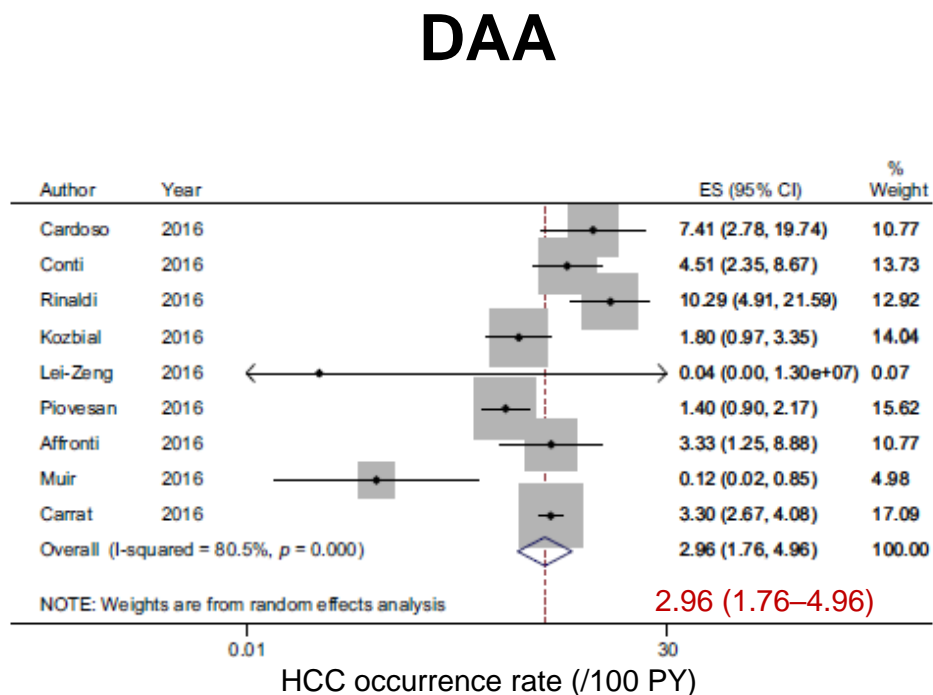
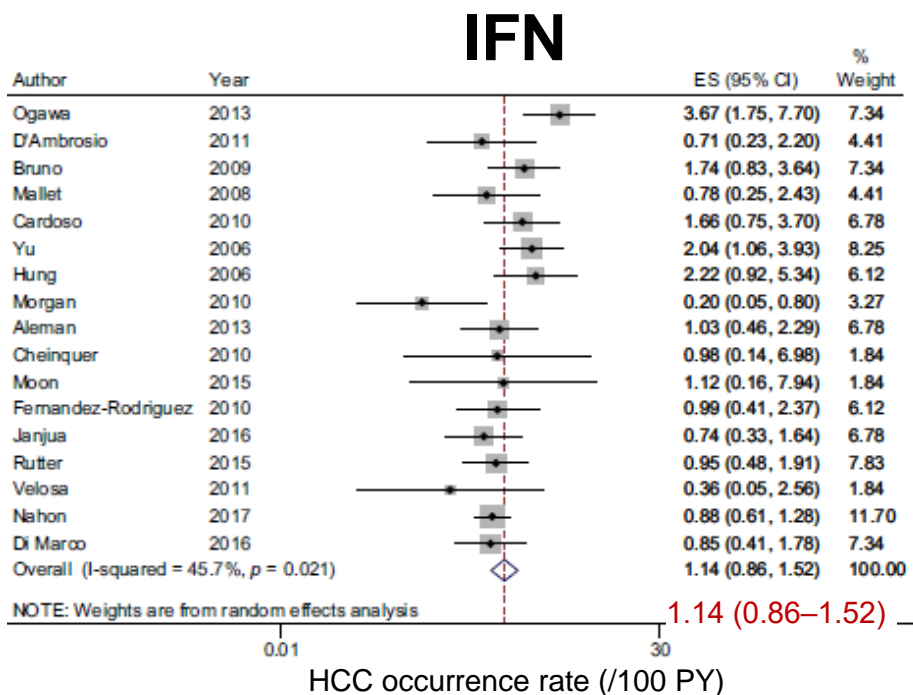
- Eine Therapieindikation besteht für alle Patienten mit Hepatitis C, Screening !
- SOF/VEL und GLE/PIB sind pan-genotypische Kombinationen
- Andere Kombinationen haben in Deutschland nur eine Bedeutung bei der Optimierung der Behandlungskosten
- Protease-Inhibitoren sind bei Patienten mit einer dekompensierten Zirrhose kontraindiziert
- SOF ist bei Patienten mit schwerer Niereninsuffizienz nicht zugelassen
- SOF/VEL/VOX zugelassen für DAA-Nonresponder
- WHO-Ziele werden in vielen Ländern nicht erreicht werden



# Treatment cascade simplification from 10 to only 4 steps ?



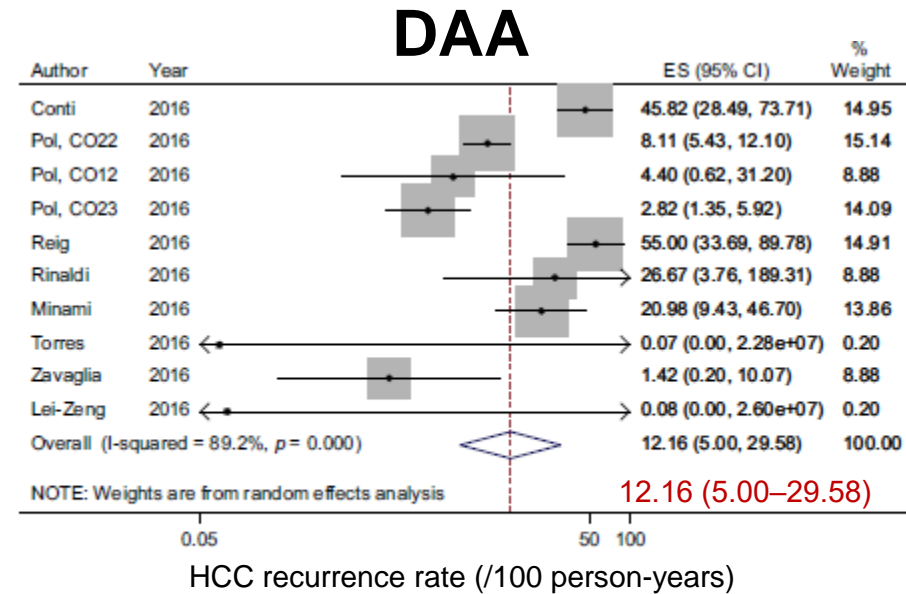
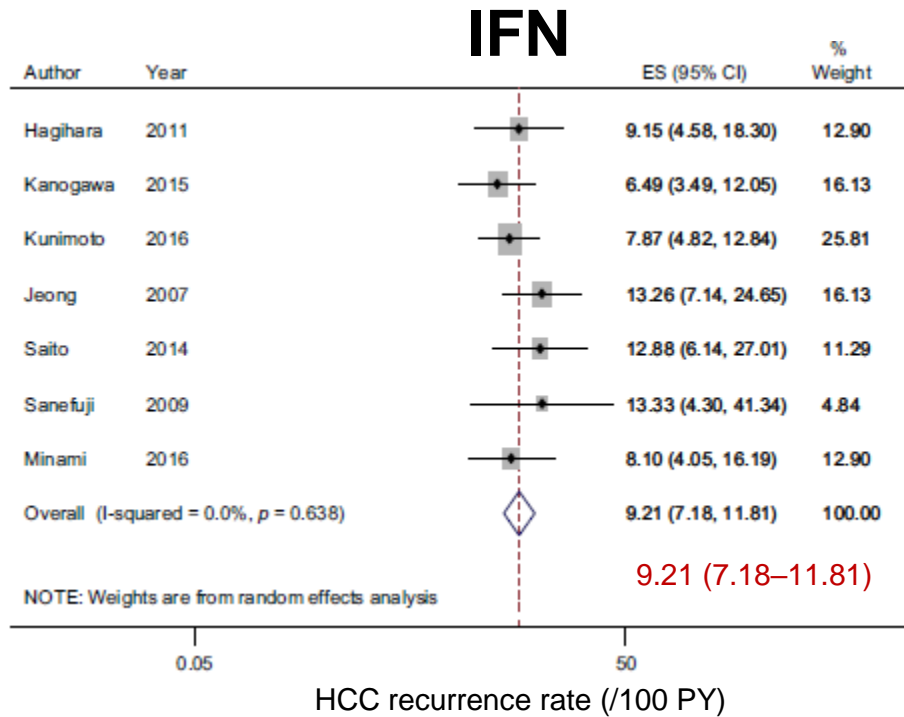
# A meta-analysis of the risk of HCC occurrence following SVR to IFN or DAAs



## Meta regression of HCC occurrence

	Unadjusted RR	Adjusted RR	95% CI	P-value
Average follow-up	0.88	0.75	0.56–0.99	0.04
Average age	1.11	1.06	0.99–1.14	0.12
DAA treatment	2.77	0.68	0.18–2.55	0.56

# A meta-analysis of the risk of HCC recurrence following SVR to IFN or DAAs



## Meta regression of HCC recurrence

	Unadjusted RR	Adjusted RR	95% CI	P-value
Average follow-up	0.86	0.79	0.55–1.15	0.19
Average age	1.11	1.11	0.96–1.27	0.14
DAA treatment	1.36	0.62	0.11–3.45	0.56